Date: 9/12/25

NNC EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu
October 20 - 24, 2025

	October 20 - 24, 2025							
	Monday 10/20	Tuesday 10/21	Wednesday 10/22	Thursday 10/23	Friday 10/24			
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST			
Entrée	Deluxe Cereal Bowl <b>V</b>	Morning Beef Sausage Sandwich (R0108N)	Buttery Maple Waffle <b>V</b> (R2259N)	Ham & Cheese Croissant (R0628N)	Morning Magic Bagel <b>V</b> (R2295N)			
Fruit	Fresh Fruit	Fresh Fruit	Peachy Peaches (R3320N)	Fresh Fruit	Fresh Fruit			
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk			
Condiments	-	-	-	-	Strawberry Jam			
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH			
Entrée	Toasted Cheese Sandwich V (R1086N)	Mac N Cheese V (R1149N)	Cafe LA Burger* (R0091N) OR Cafe LA Cheeseburger* (R0164N)	Breaded Chicken Nuggets (R0956N)	Beef Teriyaki Dippers & Carrot Rice Bowl (R5696N)			
Vegetable	Tropical Trio Slush (CMS #2665, R4524N)	Romaine Mix Salad (R4334N)	Roasted Potato Wedges (R4404N)	Orange Medley Juice (CMS #1308, R4521)	Carrots in Entree			
Fruit	Fresh Fruit	Frozen Strawberry Cup (CMS #2952, R3030)	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle (CMS #2861, R3853)			
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk			
Condiments	-	Ranch	Ketchup, Mayo, Mustard	Optional: Ranch	Ketchup			
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK			
Grain	Cheez-It Crackers (CMS #1239, R2410)	Belvita Cinnamon Crackers (CMS #1447, R2445)	Food & Nutrition Crackers (CMS #1590, R2428) Cheese Plank (CMS #2525, R1129)	Cheez-It Crackers (CMS #1239, R2410)	Food & Nutrition Crackers (CMS #1590, R2428)			
Milk OR Meat/Meat Alt	Milk	Peach Yogurt 4 oz. <b>V</b> (CMS #7156-DW, #9159-CB, R1680-DW, R1681-CB)	Milk	Milk	Milk			

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Unflavored Milk 6 oz. However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

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## **Deluxe Cereal Bowl**

Cinnamon Toast Crunch (CMS #1623, R2437)  Honey Cheerios (CMS #1442, R2449)	Cinnamon Toast Crunch (CMS #1623, R2437)	Honey Cheerios (CMS #1442, R2449)
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## **Fresh Fruit** – Order no more than 3 different fresh fruits per day:

Apple Slices, Red (CMS #3935, R3346)	Banana - <b>Do not order on Mondays</b> (CMS #3204, R3005)	Kiwi (CMS #3846, R3288)	Pear, Bosc (CMS #3938, R3373)
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